## Pride Mixed Martial Arts Waiver & Release

# Children will NOT be allowed to participate until this form has been signed by the parent or legal guardian.

#### Acknowledgement/Assumption of Risk of Injury

I recognize and acknowledge that martial arts is a physically demanding activity and that in this activity as in most athletic activities there is some degree of risk of injury or physical strain.

I agree to and assume the full risk of any injuries, including death, and of all cost, damages, and losses that I may sustain as a result of participating in any and all activities connected with or associated with such program.

I have fully informed myself of all the details Pride Mixed Martial Arts activities and have received satisfactory answers to all questions I have concerning the programs and the risks inherent in the programs.

#### **Waiver and Release of Claims for Injury**

I hereby agree to, and to waive, release and relinquish all claims of every kind, known and unknown, present and future, that I may have against Pride Mixed Martial Arts, their officers, instructors and employees, arising out of, connected with, or in any way related to, the program or my participation therein.

### **Indemnity and Defense**

I hereby further agree indemnify and hold harmless and defend Pride Mixed Martial Arts, their officers, instructors and employees from any and all claims of every kind, known and unknown, present and future, that I may have arising out of, connected with, or in any way related to the program or my participation therein.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.

#### Please Print

Participants Name:	D	OB:
Parent's Name:		
Address:		
City:		_Zip:
Signature:	Date:	
Parent or Legal	Guardian if under 18	