



Camp Jamison Family Manual

Summer 2022



Table of Contents

Table of Contents	1
Welcome to Camp Jamison	2
Now You're Part of the Family!	2
Camp Jamison Session 2022	3
COVID Policies for Camp Jamison	3
The Camp Jamison Way	4
Packing List	4
Drop Off	6
Arriving Home	7
Schedule and Activities	10
Evening Activities	10
Family Expectations	12
Camp Store	13
Grown Up Stuff	14
Medical	14
Form to Acknowledge Receipt and COVID Liability Information and Waiver	14



Welcome to Camp Jamison

Now You're Part of the Family!

Thank you for choosing to send your child to Camp Jamison! We are a small but mighty organization that believes and knows summer camp changes lives. Camp Jamison will give your child the chance to learn many new skills like canoeing and hiking and practice some others like team building and communication.

Fun is paramount during the week and we also get to explore our natural environment. We have been in operation since 2011 and have been growing and enhancing our program ever since. So welcome to the family! We can't wait for you to learn all about Camp Jamison

Yours in Camping,

Jacqueline McDonough

jacqueline@campjamison.org

Founder of Camp Jamison

Camp Jamison Session 2022

COVID Policies for Camp Jamison

The first thing we ask everyone to do to keep our community safe is to be up to date on COVID-19 vaccinations and to minimize unmasked big social gatherings the week before Camp Jamison.

In addition, preventative measures will be taken during arrival and travel to mitigate the chance of spreading any illnesses.

1. Prior to camp (24 hours) NEGATIVE at-home test and enter it into our online system.
2. Staff Health Check-Ins at Drop Off
 - a. During check-in, a staff member will welcome your child and perform a health-arrival screening. Campers who have a temperature over 100.4 degrees, show COVID-19 symptoms, have been exposed to COVID-19 in the previous 5 days or test positive for the virus will not be permitted to board the bus to camp.
3. Wearing masks while on the busses.

If your camper falls ill with COVID during camp, we will have an isolated area to care for your camper until you or another parent/guardian is able to pick them up.

People who are up to date on COVID-19 vaccines do not need to quarantine if they come into close contact with someone who has COVID-19. This means overnight campers and staff who are up to date on their COVID-19 vaccines can continue attending camp activities if they are determined to be a close contact. Campers and staff who are up to date on their COVID-19 vaccines and identified as close contacts should still follow the recommendations to wear a well-fitting mask and get tested.

The Camp Jamison Way

Packing List

Mark all items brought to camp with the name of your camper. If you are looking for name labels, I suggest Mabel's Labels ([Fundraising Support | Mabel's Labels | Raise Funds With Kids Labels](#)). Please pack your bag with your child, so they know what they have and label everything! Packing together really helps!

Camp is not responsible for lost items.



Clothing (Athletic wear and remember clothes that can get dirty!)

- o 7 t-shirts
- o 2 sweatshirts / light jackets
- o 5 pairs of shorts
- o 3 pairs of long pants
- o 7-8 pairs of underwear
- o 8-10 pairs of socks
- o 4 pairs of pajamas
- o Rain jacket or poncho
- o 2 swimsuits

Footwear

- o 2 pairs of sturdy sneakers or athletic shoes (no sandals)
- o Water shoes (optional)
- o Shower shoes such as flip flops
- o Rain boots/Shoes that can get wet

Toiletries

- o Sunscreen
- o Hat for sun protection
- o Shampoo and conditioner
- o Soap and Deodorant
- o Toothbrush and toothpaste
- o Comb or brush
- o Sanitary supplies (if needed)
- o Lip protection
- o Insect repellent

Supplies

- o Sleeping bag
- o Extra blanket (for cooler nights) or sheet (for hotter nights)
- o Twin fitted sheet to place over mattress
- o Pillow – Camper name on it!
- o Hand towel
- o 3 shower towels
- o 1 pool towel
- o Laundry bag for dirty clothes to be taken home – mesh or cotton work best
- o Flash light with extra batteries
- o 5-7 reusable masks OPTIONAL
- o REUSABLE water bottle – ESSENTIAL

Optional

- o Sunglasses
- o Goggles
- o Bandanas
- o Cards, books, quiet games
- o Basketball and other sports balls

Please leave these items at home....

- o Scented items
- o Snack foods and drinks
- o Tablets and other electronics
- o Weapons – toys included.

What's with the No Cell Phones?

At Camp Jamison we strongly believe and enforce our unplugged tradition! We believe that it has major benefits for our campers (and their parents!). While campers can bring their cell phones and we will secure them safely – your child will not have access to their phone during the week.

Nowadays, everything is easily accessible through our electronic devices. It is easy to become distracted and disengage ourselves from our surroundings and the people in our lives

At Camp Jamison we know that it is extremely important to unplug from electronics and plug into real-life relationships and the once-in-a-lifetime opportunities that camp offers. We encourage all of our campers to live and be in the moment! Our campers are able to interact with one another during activities, in the dining hall, in their cabins, and during recreational games and activities. Unplugging also lets everyone enjoy the outdoors and take in the beauty and nature of our camp overall.

When kids unplug at camp, it allows them to unwind. For a week they don't have to worry about the stresses of being connected or worry about what everyone else is doing. Instead, they can focus on building and improving their social skills. They are able to meet new friends while having fun!

For our parents who want to make sure their child is having fun – check out Facebook group for pictures and updates from the Directors. We can't guarantee constant pictures of your child but we try our best to make sure every child is seen enjoying Camp Jamison.

Drop Off

Thomas Holmes Elementary School Parking Lot

9125 Academy Road Philadelphia, PA 19114

Session A: Sunday, July 17, 2022

Session B: Sunday Jul 31, 2022

We will be asking our families to park in the spaces we have designated and stay in their car for the entire check-in process. Camper letters, medications, and Camper's cell phones will be collected at this time.

During check-in, a staff member will welcome your child and perform a health-arrival screening. Campers who have a temperature over 100.4 degrees, show COVID-19 symptoms, have been exposed to COVID-19 in the previous 5 days or test positive for the virus will **not be permitted to board the bus to camp.**

Please arrive **AT** the following times:

	Please arrive by the following time:
Campers Age 15-17	11:30 AM
Camper Age 12-14	12:00 PM
Camper Age 10-11	12:30 PM
Campers Age 8-9	12:45 PM

The busses will depart sharply at 1:00 PM.

If you have multiple campers coming with you - please go with the earliest arrival time.



Arriving Home

Session A: Saturday, July 23, 2022

Session B: Saturday Aug 6, 2022

Campers who bring phones will have them returned prior to our departure from PEEC on Saturday morning so they can also keep you updated.

We will depart our campus at 10:30 AM.

Please arrive back at our pick-up location by 1:00 PM.

We thank you and appreciate your patience – sometimes traffic is beyond our control and we are late. **But please still arrive promptly as it is very sad when a child is not picked up on time after being away for the week.**



Camp Jamison Values

At Camp Jamison we pride ourselves on the values that help us shape our week of camp. These values are what make Camp Jamison stand apart from other camps.

- Camp Jamison is respectful and kind to ourselves, our camp, and our environment. This means we care about it in the way we care about ourselves and other things that matter to us.
- Camp Jamison is tech-free (that means no cell phones! No sneaking allowed!)
- Camp Jamison is centered on trying new things and we use what we learn to teach others.
- Camp Jamison builds peacemakers in word and action. We are 100% nonviolent in word and action. Fighting is grounds for immediate dismissal from Camp Jamison.
- Camp Jamison is appreciative and advocates for our natural world.
- Camp Jamison is a family.

Campers who exemplify these values are named our Cross and Eagle of the week!

Camp Jamison realizes that summer is a time for fun. However, to ensure fun for all campers, everyone must follow our community expectations. If you could have a conversation with your child prior to camp about our values and expectations, it would help the transition for them into camp life.

At Camp Jamison, we are trained to deal with issues that come up during our program and have found that a good program, conversation, and restorative practice is best.

A camper may be asked to sit out of an activity and do a reflection, community service, or talk about their experience with a lead counselor. We handle each situation the way our trained professionals see fit. When necessary, a phone call home might be necessary.

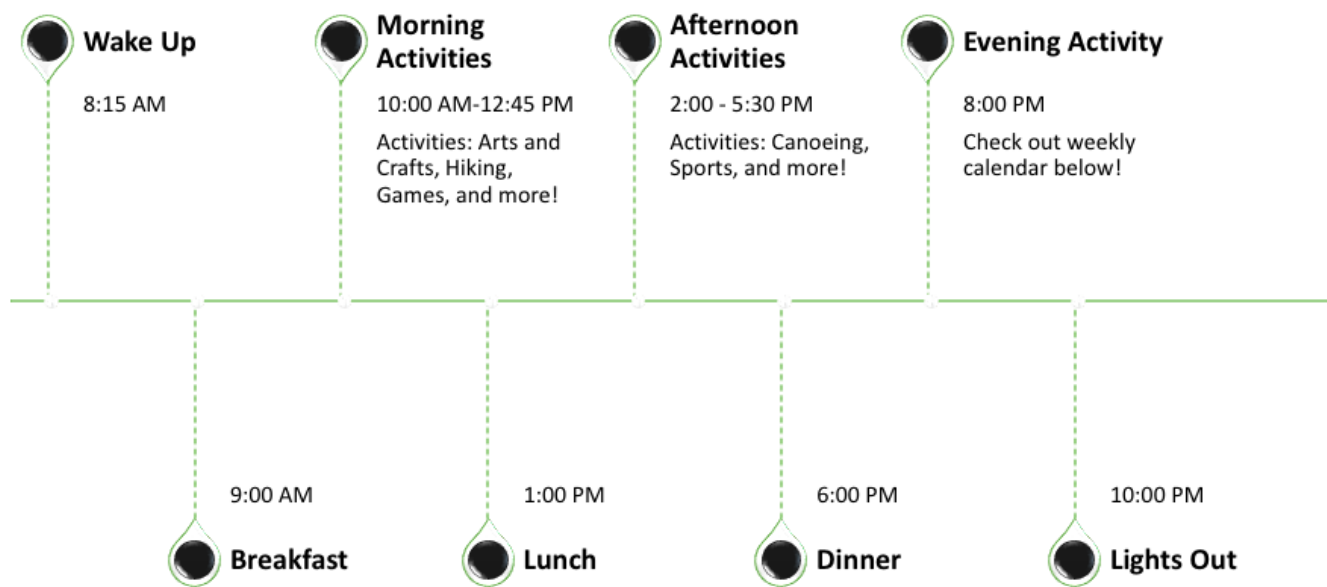
**Times we'd call home for behavior:**

- If your camper made a poor decision and part of the restorative cycle is that they loop you in on what occurred.
- If your camper is struggling to follow the basic expectations of our campers set out by our staff members - repeatedly.
- We found a cellphone.
- If your camper physically hurt another camper or was involved in another type of serious altercation.

Camp Jamison does not tolerate physical or verbal acts of aggression or bullying. Any child who acts out in this way will be removed from camp without a refund.

Schedule and Activities

During the typical day at Camp Jamison this is the schedule your camper will follow.



Activities will include: Pond and Stream Ecology, Drama, Arts and Crafts, Hikes, Swimming, Canoeing, Gaga, and more!

Evening Activities

At Camp Jamison, not only do we fill our days with incredible activities, but the nights are jam packed too! Evening activity is the time when the entire camp unites and camper enthusiasm & spirit peaks! Below is a list of the evening activities your camper will be experiencing this summer.

Camp Jamison Evening Activities Session A

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Ice Cream Social and Welcome to Camp Jamison Party	Bingo	Minute to Win It Competitions	Camp Jamison Carnival	Talent Show	Camp Fire

Family Expectations

- While at Camp Jamison your camper will not be able to call you unless there is an emergency. A great way to encourage your child while they're at camp is to write them letters!
- Due to the limited amount of time that we are at camp the best way to stay in contact with your campers is by PREWRITING letters and giving them to the staff during the check in process.
- Join our facebook Facebook group at <https://www.facebook.com/groups/1765625303751174/> as we will post updates there.
- We know that you love pictures of your campers but please remember our number one focus is on your camper's safety and experience at camp - not taking pictures. So while we try our best please be understanding. We promise if something was wrong we would be calling you :)

Camp Store

Your camper will have the opportunity to go to the camp store at least once a day. Campers will be allowed to purchase two snacks and one drink each time. The maximum amount of money each camper will need to have is \$35 for food and snacks.

We do have fun things like stuffed animals, goggles, flashlights, and other things your camper may forget. We also have Camp Jamison swag like tshirts, sweatshirts, bags, and more. If your child is interested in spending money on these items, the max they should deposit is \$100.

Our camp store items are an extra snack for campers and are not a necessity. Even without getting a snack campers will be well fed!

NO MONEY WILL BE ACCEPTED AT DROP OFF PLEASE PREPAY FOR OUR CAMP STORE VIRTUALLY! Campers should NOT have any cash with them.

Set up an account online at BASE CAMP at

<https://campjamison.org/base-camp/>

All Camp Store balances **over** \$5.00 at the end of the summer and will be **refunded by the end of August**. All balances **under** \$5.00 at the end of the summer will be considered a donation to our 2023 Camp Jamison session.

Below is a preview of some items that will be sold along with prices.

Item	Cost
Drinks	\$1.00 - \$3.00
Snacks	.50 cents - \$1.00
Tshirts	\$15

Grown-Up Stuff

Medical

Camper Medical Information

All campers and staff members must complete the below document before being allowed to board the bus

[Mandated Medical Form](#)

[Form to Acknowledge Receipt and COVID Liability Information and Waiver](#)

[Camp Jamison Waiver](#)